



Walk Jog Test 3©

- 1 A Enter Working Jog.  
8 Stop through Walk. Salute. Back 4-6 steps.  
Proceed Working Jog.
- 2 C Turn Right.
- 3 B 20 M circle Right Free Jog. Continue to F.
- 4 F Working Jog.  
A 10 M circle Right Working Jog.
- 5 K-8-M Change direction Free Jog.  
M Working jog.
- 6 Q Turn Left down quarter line.
- 7 Before middle line  
E-8-B Stop. Half Turn on Haunches Right. Proceed Working Jog.
- 8 Q Turn Right.  
Y Turn Right down quarter line.
- 9 Before middle line  
E-8-B Stop. Half Turn on Haunches Left. Proceed Working Jog.
- 10 Y Turn Left.  
C Working Walk.
- 11 H-8-K Free Walk broken arrow.
- 12 K Working Walk.  
A Working Jog.
- 13 B 20 M circle Left Free Jog. Continue to M.
- 14 M Working Jog.  
C 10 M circle Left Working Jog. Continue to H.
- 15 H-8-F Change direction Free Jog.  
F Working Jog.
- 16 A Turn down centerline.  
8 Stop through Walk. Salute.