



Walk Jog Test 4©

- 1 A Enter Working Jog.
8 Stop through Walk. Salute.
Back 4-6 steps.
Proceed Working Jog.
- 2 C Turn Left. Continue to V.
- 3 V Stop through Walk.
- 4 V Half Turn on Forehand to Left. Proceed Working Jog.
- 5 E 10 M Circle Right Working Jog.
- 6 E 20 M Circle Right Free Jog. Continue to B.
- 7 B Working Jog.
P Stop through Walk.
- 8 P Half Turn on Forehand to Right. Proceed Working Jog.
- 9 B 10 M Circle Left Working Jog.
- 10 B 20 M Circle Left Free Jog. Continue to M.
- 11 M Working Jog.
C Working Walk.
- 12 H-8-F Change direction Free Walk.
F Free Jog.
- 13 K Working jog.
V Working Walk.
E Stop.
- 14 E Half Turn on Haunches to Right. Proceed Free Jog.
- 15 F Working Jog.
P Working Walk.
B Stop.
- 16 B Half Turn on Haunches to Left.
Proceed Working Jog.
- 17 A Turn down centerline.
8 Stop through Walk. Salute.