



Walk Jog Lope Test 1©

1. A Enter Working Jog
8 Stop. Back 4-6 steps. Salute.
Proceed Working Jog.
2. C Turn Left.
3. E 20 M circle Left Free Jog.
E Working Jog continue to K
4. Between
K-J Transition to Working Lope Left lead.
5. B 20 M circle Left Working Lope.
Continue to M.
6. M 10 M circle Left Working Jog.
Continue to C.
7. C Working Walk
8. H-8-F Change direction Free Walk.
F Working Walk.
9. A Working Jog.
10. E 20 M circle Right Free Jog.
E Working Jog continue to H
11. Between
H-Q Transition to Working Lope Right lead.
12. B 20 M circle Right Working Lope.
Continue to F.
13. F 10 M circle Right Working Jog.
Continue to A.
14. A Turn down centerline.
8 Stop. Salute.